

Daim Ntawv No Los Ntawm

CDC Health Advisory

Tso ntawm los ntawm Health Alert Network
Lub 4 Hlis 26, xyoo 2009, 11:00 EST (11:00 EDT)
CDCHAN-000282-2009-04-26ALT-N

Ceev Faj Rau Tus Mob Swine Flu Thaum Tawm Mus Uas Si Rau Tej Thaj Chaw Uas
Muaj Tu Mob No

Cov thawj kuaj mob nyob teb chaws Mes Kas thiab nyob txawv lawm lub teb chaws saws daws tseem kuaj xyuas txog tub mob swine infuleza (swine flu).

Swine flu yog yam mob A uas ua mob rau lub ntsws uas tsua tshwm sim hauv npua nthooj ntws xwb. Swine flu tsis tshwm sim rau hauv neeg lub cev tiam sis kis tau rau neeg. Cov kuaj mob hais tias yam mob swine flu no kis tau ib tug rau ib tug thiab yuav ua mob rau nws.

Yam mob no raug coob leej lawm thiab tseem yuav raug coob leej ntxiv thiab. Yog tias xav paub txog tus mob swine flu no ntxiv, thov mus ntawm Centers for Disease Control and Prevention (CDC) hauv in thawm nem: <http://www.cdc.gov/swineflu/>. Yog tias yuav mus txawv chaw thiab xav paub npaj lis cas thiab qhov chaws twg muaj tus mob no lawm ces mus hauv in thawm nem: www.cdc.gov/travel.

Thaum muaj tus mob swine flu no rau tij neeg nws yuav ua mob zoo tib yam xws lis thaum koj muaj mob txawv as kaj nrog raws lis nram no:

- Kwb tob haus (siab tshaj 100 F los yog 37.8 C)
- Mob qa
- Nhoos
- Txhaws ntswg
- Mob tob haus thiab mob ib ce
- Nkees nkees

Tej txhia neeg uas muaj tus mob no lawm hais tias lawv raws plab thiab ntuav. Mob loj (pneumonia mob ntsws thiab uas tsis tau pa respiratory failure) thiab muaj cov uas tuag lawm thaum tau tus mob no. Zoo li thaum mob raws as kaj, swine flu mus txhawb ntxiv yog koj muaj ib yam mob uas ntej lawm.

Ib tug neeg twg yuav nkag rau tej chaws Mes Kas uas muaj cov mob rau li hais tas los no thiab ho tuaj ntawm thaj chaws uas twb muaj tus mob no lawn (saib <http://www.cdc.gov/swineflu/investigation.htm>), los yog kis los ntawm ib tug neeg twg uas twb muaj tus mob no lawm, 7 hnuv dhau los, yuav tsum mus ntsib kws kho mob es qhia rau lawm seb nws mus qhov twg rau qhov twg los.

Yuav kom tsis txhob kis ntxiv lawm:

- Tsis txhob mus ze tus neeg twg muaj tus mob no
- Thaum twg nhoos thiab txham, yuav tsum siv ntaub so ntswg los sis tes tsho kwb qhov ntswg qhov thiab qhov ncauj. Maub daim ntaub so ntswg pov tseg.

- Tom qab txham los sis hnoos tas yuav tsum ntxuav tes nrog suj npum los sim siv tshuaj ntuav tes pleev tes.
- Yog tias koj xav tias koj muaj mob, tsis txhob mus ze tib neeg. Nyob hauv tsev los yog koj hoob pw. Nrhiav kws kom mob yog koj muaj mob loj (xws li ua tsis tau pa). Kws kho mob muaj tshuaj cawm tau yog koj muaj tus mob swine flu no. Tsis txhob mus uas hauj lwm, kawm ntawv, los sis mus ncig ua si thaum koj tseem muaj mob.

Yog xav paub ntxiv:

- Hu rau cov koj nyob hauv koj zos los sis xeev
- Saib hauv <http://www.cdc.gov/swineflu/>
- Hu rau CDC 24 Xoob Moos/Txhua Hnub
 - = 1-800-CDC-INFO (232-4636)
 - = TTY: (888) 232-6348
 - = cdcinfo@cdc.gov

Qib qhia txog tus mob loj npaum cas:

Health Alert qhia tias tseem ceeb npau cas; yuav tsum xyuas thiab npaj tam sim no

Health Advisory qhia txog ib qho los yog tej yam; tej zaum tsis tas npaj tam sim no

Health Update qhia tias yam mob los yog tej yam tshwm sim tas los nyob li cas lawm; tsis tas yuav uas dab tsis li

##Daim ntawv no faib rau Lub Xeev thiab lus Zos Cov Thawj Kuaj Mob, Cov nrog neeg tham, cov Epidemiologist thiab HAN Coordinators los ntxiv rau Clinician pawg##

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Koj tau txais daim ntawv no qhia no rau li peb paub xwb. Yog koj muaj chaws nyob los sis e-mail los sis fax es koj kom peb xa rau State-based Health Alert Network uas nyob rau koj lub xeev hoob kam